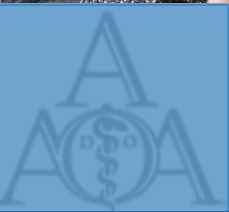


Call to MEETING²⁰₂₀

81st Annual House of
Delegates

Sunday, October 18th
Virtual Meeting

President: Angela Kalcec
Convention Co-Chairs: Aimee Thompson &
Lori Hildebrand



Advocates *for the* American Osteopathic Association
the people behind the profession



AAOA President Angela Kalcec MM, M Ed

The Advocates for the American Osteopathic Association, 142 E Ontario, Chicago, IL 60611

To: All Eligible Members of the AAOA

Posted at www.Advocates4DOs.org and delivered via email September 2nd, 2020

Greetings, Advocates!

You are hereby invited to submit your application to serve as a delegate at the 2020 Annual Business Meeting of the Advocates for the American Osteopathic Association, to be held on Sunday, October 18, 2020, virtually. This is a first for our organization and we will do our best that it is a good experience for everyone.

States with active affiliate organizations in good standing may submit their delegates as chosen by their membership, up through the number allotted according to the AAOA membership from their state in the previous membership year, ending May 31, 2020. The fee for all eligible voting delegates is \$10.00. This is a onetime drop in payment due to our entire business meetings and all events being virtual. Payment should accompany the registration form. States may submit these in a group packet with a single payment if preferred. All delegate credentials will be confirmed, and a response will be sent to the individual's email address on the registration form.

All states may be represented by delegates at the AAOA Annual Business Meeting. States without an active affiliated organization in good standing may be represented by independent delegates who meet eligibility criteria. Each state gets a minimum of 5 delegates, and maybe more based on the AAOA membership in the state in the previous membership year. I have included a table showing each state's AAOA membership in the previous membership year and the number of 2020 delegates earned by that count. Current AAOA board members and AAOA past presidents do NOT count against the state's delegates. They may sit with the state and vote, but are in addition to the state's allowed delegates, like bonuses! States with active organizations are marked with the letter X. Send new information if your state is not marked. Questions may be directed to me at AAOA@osteopathic.org

While current membership (dues up-to-date) in the AAOA is a requirement, membership in a State Advocate group is **not** a requirement. Those of you from states without an organized group are welcome to register to attend this annual business meeting. Including more individuals is a benefit for our organization, so please do not hesitate if you have not been active before or in your state.

Military members, Intern/Resident members, SAAs, all have opportunities to participate. If you are applying to represent a state other than that listed as your current residence, please add a note to explain your connection to your selected state. If seats are filled, there are opportunities to apply as an alternate with a chance of being seated in the absence of another.

In this electronic packet, you will find a schedule of events that includes Advocate sponsored activities as well as some activities for everyone that might interest our members. Guests are welcomed.

The AAOA has enjoyed a successful year with our programs and members! Our Business Meeting is an opportunity to highlight our work on the national level and network with our state affiliates. While our scheduled events allow Advocates from across the country to connect and share ideas on life in the Osteopathic Family.

I hope to "see" you virtually and thank you for the opportunity, honor and privilege to serve you this year. Thank you!

Angela Kalcec

Advocates for the American Osteopathic Association

DELEGATE COUNT

MAY 20th, 2020

STATE	MEMBERS	DELEGATES
APO/FPO Eur-A	1	5
APO/FPO Pacific	1	5
Alabama	6	5
Alaska	18	5
Arizona	61	7
Arkansas	5	5
California	75	7
Colorado	35	5
Connecticut	10	5
Delaware	4	5
D.C.	0	0
Florida	215	13
Georgia	2	5
Hawaii	0	0
Idaho	55	7
Illinois	48	5
Indiana	7	5
Iowa	5	5
Kansas	20	5
Kentucky	19	5
Louisiana	3	5
Maine	3	5
Maryland	25	5
Massachusetts	3	5
Michigan	219	13
Minnesota	8	5
Mississippi	5	5
Missouri	38	5
Montana	5	5
Nebraska	8	5
Nevada	12	5
New Hampshire	4	5
New Jersey	138	9
New Mexico	6	5
New York	25	5
North Carolina	7	5
North Dakota	8	5
Ohio	55	7
Oklahoma	32	5
Oregon	18	5
Pennsylvania	111	9
Rhode Island	8	5
South Carolina	11	5
South Dakota	2	5
Tennessee	18	5
Texas	201	13
Utah	2	5
Vermont	1	5
Virginia	15	5
Washington	27	5
West Virginia	15	5
Wisconsin	9	5
Wyoming	18	5
AACOF		5
SAA		2

1-50 members: 5 delegates

51-100 members: 7 delegates

101-150 members: 9 delegates

151-200 members: 11 delegates

201-250 members: 13 delegates

251-300 members: 15 delegates

Advocates for the American Osteopathic Association
Registration for 2020 Annual Meeting & House of Delegates, October 18, 2020

Name: _____ Phone: _____ (Cell? Y or N) _____

Address: _____ State: _____ ZIP: _____

Email: _____ Your AAOA State: _____

☐ I am a current 2020-2021 member in category ____ Life ____ Regular ____ Widowed ____ Retired ____ IRAA ____ SAA

If registering as a voting delegate, please check all that apply to you

____ AAOA Current Board Member

____ AAOA Past President

____ Representing organized affiliate of AAOA as Delegate _____ which state or group)

____ SAA representing the COM: _____

☐ I would like to attend remotely

All delegates' credentials will be confirmed. If there is a question, we will contact you by the email address provided above.

PAYMENT FORM:

Advocate Expense Worksheet

Delegate Registration Fee

** onetime drop in payment due to our entire business meetings and all events being virtual \$10.00

AAOA Virtual Presidential Reception

Honoring Incoming President Caryn Tabby Helhowski

October 18th, 3pm CST \$0.00

Printed Copy of Delegate Book \$5.00

TOTAL Due: \$ ____`

☐ By Check: Amount \$ _____ Date: _____ Check # _____ (please make check payable to **AAOA**)

☐ By AAOA Online Store: Go to <http://www.advocates4dos.org/> and select *Visit Our Store* to pay, then Email or fax form

☐ By Credit Card: ____ VISA ____ MasterCard ____ American Express

Card Number: _____ Expiration Date: _____

Name on Card: _____ Billing Zip Code: _____

States may send bundled registration forms together with payment for delegates & alternates. States with confirmed affiliated organizations have until September 20th, 2019 to secure their delegations. After September 18th, 2020, seats untitled by state's delegations may be available for independent registrants. **Registration is ONLY valid with payment & positions will not be held pending receipts.** All delegates will be confirmed by email prior to September 18th, 2020, after which all will be acknowledged on site or as available due to travel of convention planners. Materials for the Annual Meeting & House of Delegates' business meeting will be sent electronically. The option to purchase & receive a booklet onsite is listed above.

Mail form & payment to: AAOA 142 E. Ontario, Chicago, IL 60611

Fax form with credit card information to AAOA: (312) 202-8208

Questions: Email us at AAOA@osteopathic.org or telephone (312) 303-8192

For ALL other AAOA OMED event registrations, use forms available at <http://www.advocates-4dos.org/>

Authorized Signature: _____ Date: _____

Advocates for the American Osteopathic Association
2020 Annual Meeting & House of Delegates, October 18th, 2020
Virtual Meeting

ADVOCATES' SCHEDULE FOR OMED 2020

Thursday, October 15th

ALL DAY

Virtual Still Fit for Life Fun Run

[Register Here](#)

<https://www.advocates4dos.org/store/omed-fun-run-participant>

Friday, October 16th

ALL DAY

Virtual Still Fit for Life Fun Run

[Register Here](#)

<https://www.advocates4dos.org/store/omed-fun-run-participant>

5-8pm CST

Virtual Cocktail Party

Saturday, October 17th

ALL DAY

Virtual Still Fit for Life Fun Run

[Register Here](#)

<https://www.advocates4dos.org/store/omed-fun-run-participant>

12-3 pm CST

SAA Workshop

[For Student Advocates only](#)

[Pre-registration required by 10/1/2020](#)

[Register Here](#)

<https://docs.google.com/forms/d/e/1FAIpQLSexrmW0Y7GwpLmvT3ePE8XrQ6YVIBJzHlE8rHQ-4YUm7WgYmg/viewform>

Sunday, October 18th

ALL DAY

Virtual Still Fit for Life Fun Run

[Register Here](#)

<https://www.advocates4dos.org/store/omed-fun-run-participant>

12-3 pm CST

AAOA House of Delegates

& Annual Business Meeting

[Registration begins at 11:30pm CST](#)

3pm CST

Advocate Presidential Inauguration
& Board Installation, followed by a virtual
*Reception honoring Incoming AAOA
President, Caryn Tabby Helhowski*

Monday, October 19th

ALL DAY

Virtual Still Fit for Life Fun Run

Advocates for the American Osteopathic Association
2020 Annual Meeting & House of Delegates, October 18th, 2020
Virtual Meeting

[Register Here](#)

<https://www.advocates4dos.org/store/omed-fun-run-participant>

Tuesday, October 20th

LAST DAY

Virtual Still Fit for Life Fun Run

[Register Here](#)

<https://www.advocates4dos.org/store/omed-fun-run-participant>

Times and Locations are always Subject to Change

In this electronic document, you will find the AAOA schedule of events, registration information and forms for delegates to our annual business meeting, information about our virtual Still Fit for Life Fun Run.

Changes to the schedule will be provided in advance. Please visit our online square store for merchandise at <https://www.advocates4dos.org/store>. The Still Fit for Life Fun Run is virtual this year, please see our flyer and sponsorship form on page eight and nine of this document.

Advocates for the American Osteopathic Association
2020 Annual Meeting & House of Delegates, October 18th, 2020
Virtual Meeting



The Advocates to the American Osteopathic Association (AAOA) Proudly Presents

SAA Wellness Workshop

Virtual OMED 2020

Saturday, October 17th from 12:00pm CST – 2:00pm CST
via Zoom

About Dr. Frank

Elena Frank is the Director of the Intern Health Study in the Michigan Neuroscience Institute at the University of Michigan. She completed her PhD in Women's and Gender Studies at Arizona State University and her undergraduate studies at New York University. Dr. Frank's research focuses on work-family balance and gender differences in mental health among medical trainees and early career physicians. Current interests also include investigating the effects of the COVID-19 pandemic on the personal and professional lives of young physicians and developing mobile health interventions to improve trainee well-being.



The AAOA invites you to our virtual
SAA Wellness Workshop
featuring special guest speaker:
Dr. Elena Frank
University of Michigan

Dr. Frank will be speaking on wellness strategies to support both medical students and their partners/families, particularly in the context of COVID-19.

Each SAA/IRAA group (not member) that registers and attends the virtual workshop will receive a **\$500 donation** from the AAOA, as well as a specially **curated wellness box** for each SAA/IRAA board!

Please register for the workshop below and follow our [Facebook](#) for additional details!

Please click **here** to register for the workshop by 10/1/2020

*Note: All SAAs/IRAAs must pay dues to be eligible to attend the workshop.

Contact Maria Hanelin at
aaoasaaliation@gmail.com with any questions.



Advocates for the American Osteopathic Association
2020 Annual Meeting & House of Delegates, October 18th, 2020
Virtual Meeting



Join us for the Advocates for the American Osteopathic Association Virtual Fun Run October 15-20, 2020!

OMED is going virtual, let's take a break from your computer and participate in the AAOA Virtual FUN Run between **October 15 – 20, 2020**. Complete this walk or run 5K on a course of your choosing and get your swag sent to your front door!

Your FUN Run t-shirt and participant medal will be shipped to you after you register, so you have your swag in time to wear for your walk or run.

Once you've completed the 5K, you will add your results to the google form that we will send you with your registration. All times need to be entered by 11:59 pm on October 20.

All proceeds for this year's Run will go directly back to support osteopathic medicine in the form of scholarships, grants, and awards to students, residents, and much more. Thank you for choosing to support the AAOA and Osteopathic Medicine.

Join in the FUN and Sign-up now!



Advocates for the American Osteopathic Association
2020 Annual Meeting & House of Delegates, October 18th, 2020
Virtual Meeting



Thursday, October 15th - Tuesday October 20th, 2020

CONTACT PERSON: _____

PHONE: _____ EMAIL: _____

ORGANIZATION NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

*Please indicate your organization's contribution level below.
All proceeds from the race will benefit the AAOA Special Projects Grant Program.*

- ☐ **Starting Line Sponsor (1): \$5,000**
Your signs or ours will cover the starting line, your name/logo at back top of t-shirt in largest, bold lettering, individual sign on course, website, name on all flyers and in fitness packet, 2-free race registrations, 4 additional t-shirts for your organization.
- ☐ **Registration Sponsor (1): \$2,500**
Your name on all registration forms, Name/logo at back top of t-shirt in largest, bold lettering, individual sign on course, website, name on all flyers and in fitness packet, 2-free race registrations, 4 additional t-shirts for your organization.
- ☐ **Course Sponsor: \$1,500**
Name/logo on t-shirt, individual sign on course, website, name on all flyers and in fitness packet, 2-free race registrations, 2 additional t-shirts for your organization.
- ☐ **Fit Sponsor: \$1000**
Name on t-shirt, name/logo on sponsor sign, website, material in fitness packet.
- ☐ **Healthy Sponsor: \$500**
Name listed on t-shirt, sponsor list, name on sponsor signs, website, material in fitness packet.
- ☐ **Pace Setter Sponsor: \$250**
Name on sponsor sign, website, material in fitness packet

*Please send your completed form, contribution (**made payable to AAOA**), and race packet materials (for 300 participants), and camera-ready logos **no later than September 1, 2019**, to:*

Still Fit for Life, c/o AAOA
142 E. Ontario Street
Chicago, IL 60611

For more information contact AAOA at 312-202-8192 or aaoa@osteopathic.org
Thank you for your support!